



EPH Testimonials

“Response from our residents has been overwhelmingly positive and enthusiastic. Many have expressed appreciation for the attention to their safety, the go-bag supplies and comprehensive emergency information, and the opportunity to connect with their local first responders. We are grateful to Emergency Prep Help for providing this valuable service to help our residents stay safe.”

Sharon Patchin, Director of Resident Services
PEP Housing, Petaluma

“I thought the workshop was absolutely fabulous. I thought I knew everything there was to know about emergency preparation, but did I have the pack or anything? No, I never did, I always meant to do it. But with this workshop, it was so well organized. The materials were perfect, not overwhelming, easy to read. And we even got a go-bag to put our things in so now I’m really energized to do something about it, finally!”

Susan P, resident at PEP Housing

“Emergency Prep help is ensuring our communities are prepared and ready for our next disaster. This fantastic work will save many lives and provide first responders an opportunity to focus on the emergency and less on helping the civilians evacuate.”

Chad Costa, Assistant Fire Chief
Petaluma Fire Department

“EPH is a powerful program that teaches all aspects of what to do before an environmental emergency. Indigo is a powerful speaker and her experience and personal loss is a real-life tool that instills vital and life-saving information to those fortunate enough to attend EPH workshops. Importantly, attendees also receive go-bags, weather radios and printed materials to be better prepared. Our local Fire and Police Department representatives build resilience and cooperation that encompasses entire communities. Neighbors helping neighbors and residents supporting their local emergency staff and officials. We are all in this together!”

Mary Lockhart, Resident Services Senior Properties
Burbank Housing, Santa Rosa

"I can't say enough about how much we appreciate all of it... knowing that there could be an emergency and that we are prepared...we can work towards this and entuse other people to be as enthused as I am right now, because it's really motivating."

Margie D, resident at PEP Housing

"As a law enforcement agency, the Petaluma Police Department values our partnerships with local not-for-profit entities who increase public safety for our most vulnerable populations. Senior advocacy is at the top of our list. Emergency Prep Help provides our community, especially individuals in PEP Housing, active senior apartments or seniors living independently, with the resources necessary to successfully navigate through natural disasters and evacuations. Sonoma County is fortunate to have a group of professionals such as this, bringing comprehensive safety education to our senior populations."

Jennifer Pritchard, Community Engagement Liaison
Petaluma Police Department

"I cannot thank and recommend Emergency Prep Help for Seniors enough! Their presentations are incredibly thorough, and they present information in a way that is grounded in context and accessible to participants. Their personal experiences in emergent situations makes them especially qualified to share their knowledge and help others prepare. From what to pack to where to go, and a myriad of tips along the way, Emergency Prep Help for Seniors covers it all, and their guidance takes the overwhelm out of emergency preparation. Thank you for sharing your knowledge with our community!"

Kimberly Luck, Resident Program Director
Brookdale Senior Living, Santa Rosa

"I think it was wonderful. It was a lot of things I didn't know, I wouldn't think about. I would be fairly ill-prepared...this will really help me a lot. It was very practical, the information was really clear... I would definitely recommend it for other seniors. I think it should be obligatory because otherwise we would depend too much on other people. We have first to try to take care of ourself and then cooperate together. This was wonderful, thank you so much."

Jackie M, resident at Brookdale Senior Living

"EPH is definitely helping first responders in emergencies by taking weight off the system. Focusing on 'Get a kit. Make a plan. Be informed.' to get seniors prepared is where we like to focus too."

Neil Bregman, Emergency Preparedness Manager
Santa Rosa Fire Department